

# TELEMEDICINE



QUICKLY AND REMOTELY GAIN ACCESS TO MEDICAL PROFESSIONALS AND TREATMENT OPTIONS.

## Telemedicine in Colorado

Members of the CSD Pool now have access to remote medical consultations for a new, minor work injury. This is a great treatment option for employees wanting to avoid medical clinics but require medical attention.

TRISTAR has partnered with Concentra Medical Centers to offer telemedicine as an extension of its Nurse Triage program. This option of care is available for our members' employees to use for minor workers' compensation injuries.

## Why Telemedicine?

This is a popular alternative for people seeking medical treatment in remote locations or during situations when a doctor or hospital visit is not appropriate. Not all injuries or illnesses qualify for telemedicine, but the following are recommended for use:

- Minor functional movement injuries
- Bruises
- Scrapes
- Sprains and strains
- Rashes and limited burns

- Repetitive use injuries
- Contusions
- Blood borne pathogen exposure

## How to Access

When the employee calls in their work injury incident to TRISTAR by dialing 800-318-8870, ext. 1, they can follow the prompts for Nurse Triage. The caller's symptoms will be discussed, and if telemedicine is found to be an option, the employee can video conference with a physician through a downloadable smartphone application

## Cost and More Info

The cost of the visit will be comparable to a normal office visit. Telemedicine contact information will need to be added to the members designated provider letter, so if you are interested in this option, please contact us at [wc@csdpool.org](mailto:wc@csdpool.org) for an updated letter.

For more information, contact us at 800-318-8870 or [wc@csdpool.org](mailto:wc@csdpool.org)

